For further information

Please visit our website for more information on the School Nursing Service: www.hertsfamilycentres.org

Please call the Public Health Nursing Service to opt out of any screening, or to discuss your child: **0300 123 7572**

Alternatively, you can email the area in which your child attends school:

- **Welwyn and Hatfield, East Herts and Broxbourne:** HCT.SHWBSWH@nhs.net
- **Stevenage, Royston and North Herts:** HCT.rsnh@nhs.net
- **Watford, Three Rivers and Hertsmere:** HCT.W3RH@nhs.net
- **St Albans and Dacorum:** HCT.stadac@nhs.net

Comments or complaints

Hertfordshire Community NHS Trust offers high quality services and aims to be as helpful as possible. If however you are dissatisfied by our service, then we would like to know. Please contact:

Patient Advice and Liaison Service (PALS)
Tel: 0800 011 6113 (*10am-2pm, Monday to Friday - messages can be left outside of these hours)*
Email: pals.hchs@nhs.net

Hertfordshire Community NHS Trust
Unit 1a Howard Court, 14 Tewin Road
Welwyn Garden City Herts AL7 1BW
Tel: 01707 388 000

Leaflet produced by the School Nursing Team – October 2022

Innovative Caring Agile

Hertfordshire Family Centre Service

NHS Hertfordshire Community NHS Trust

Hertfordshire Public Health Nursing Service 5-19 (School Nursing)

The Health for Kids website (www.healthforkids.co.uk) contains information to support parents/carers during a child's primary school years.

All content has been produced by school nurses and a whole range of other health and wellbeing experts. Children aged 5-11 can also access some practical/fun support on the website.

Outstanding services ealthier communities

The Hertfordshire Public Health Nursing Service 5-19 (School Nursing) sees children in mainstream, state schools.

The service promotes healthy lifestyles and offer support to children and families at times when extra help is needed. This includes help with emotional difficulties and coping with long-term health conditions.

The team provide support, advice, and signposting on a range of health issues that can affect a child or young person. These may include:

- Emotional and mental health issues
- Healthy eating and weight management
- Wetting, soiling and constipation
- Immunisation advice
- Support for young carers
- Health conditions requiring medication in school
- Sexual Health

We have a team of staff to support children and young people in school. This could be via individual sessions or group sessions. More information is available about all the services we offer in this short clip: https://youtu.be/7RoTkp3vkB0

Please contact your local school nursing service if you want to discuss any health issues for your child. Our contact details are at the end of this leaflet. You can also complete an online referral form available on our website at: https://www.hertsfamilycentres.org

We now offer a **Chathealth Parent-line** for parents/carers to **text message** in with any concerns about their school age child/young person. The service runs from 9am – 5pm, Monday – Friday – **07312 263002**

Use of Personal Data

Hertfordshire Community NHS Trust is committed to protecting your privacy and will process the information you provide to comply with the Data Protection Act. Health information about your child will only be shared with your consent. Further information about how your data is stored can be found here: https://www.hct.nhs.uk/about-us/data-protection-and-your-information/. Information will not be shared with any other outside agency unless it is necessary for the protection of a child or vulnerable adult.

Before your child starts school…

Immunisations

It is important that all children are fully immunised before starting school. This includes a pre-school booster and second MMR. Please contact your GP if your child has not received these immunisations or you have any concerns regarding this. You can also contact the School Aged immunisation team on 01727 732062.

When your child is in Reception class…

Height, Weight, Vision and Hearing Screening

All children will have their height and weight measured. We also check their distance vision and hearing. Parents and carers are informed of their child's results. Results which may have an effect on your child's learning (hearing or vision) will be shared with their class teacher. Any child moving into the area who has no evidence of being screened elsewhere will have their vision and hearing checked in Reception. We will check their vision if they are in Years 1 and 2.

If you do not wish your child to be seen, or your child is currently attending a vision or hearing clinic and you do not wish us to screen them, please contact us within two weeks of receiving this leaflet.

Online health questionnaire

We will ask you to complete a questionnaire, online, about their health and wellbeing. This is called The Lancaster Model. Once you have completed this we may contact you to discuss your child's health. Children also complete an online health assessment in Year 6. For more information please visit: https://www.thelancastermodel.co.uk/