Walk On Water

St. Paul's C of E VA Primary and Nursery School

Overview of PE Content 2024-25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Ball Skills: Unit 1	Dance: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2	Games: Unit 2 Dance: Unit 2
Year 1	Fundamentals Dance	Team-building Ball Skills	Gymnastics Target Games	Invasion Sending and Receiving	Athletics Net and Wall	Athletics Striking and Fielding
Year 2	Ball Skills Dance	Team-building Invasion	Gymnastics Fitness	Net and Wall Target Games	Athletics Sending and Receiving	Athletics Striking and Fielding
Year 3	Fundamentals Dance	Fitness Ball skills	Handball Gymnastics	Netball Football	Tennis OAA	Athletics Cricket
Year 4	Hockey Swimming	Basketball Swimming	Dance Swimming	Tag Rugby Swimming	Golf Gymnastics	Gymnastics Athletics
Year 5	Football Fitness	Netball Dance	OAA Gymnastics	Tag Rugby Volleyball	Tennis Rounders	Athletics Cricket
Year 6	Hockey Fitness	Tag Rugby Dodgeball	Handball Gymnastics	Basketball Cricket	Tennis Rounders	Athletics Dance

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Links: skill development

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Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2	Games: Unit 1 Dance: Unit 2
Year 1	Fundamentals Dance	Team-Building Ball Skills	Gymnastics Target Games	Invasion Sending and Receiving	Athletics Net and Wall	Athletics Striking and Fielding
Year 2	Ball Skills Dance	Team-Building Invasion	Gymnastics Fitness	Net and Wall Target Games	Athletics Sending and Receiving	Athletics Striking and Fielding
Year 3	Fundamentals Dance	Fitness Ball Skills	Handball Gymnastics	Netball Dance	Tennis OAA	Athletics Cricket
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Cross-curricular links with Science