St Paul's C of E VA Primary and Nursery School

Food	Year 1 and 2	Subject: DT

Design and make

We use our creativity to solve problems and make something special that someone can enjoy using.



Can you make a healthy and refreshing drink for your friend on a hot day?

Cooking skills



We **cut** food to make it smaller.



We squeeze fruit with a **juicer** to get the juice out.



When we **cook** we heat food to make it ready to eat.



We use a **rolling pin** to make the mixture flat so we can press out shapes from it.



We get better at **peeling**.



We **grate** cheese and carrots to make tiny pieces.



We **weigh** food.



When we **assemble** food, we put different foods together so it's nice to eat.

Vocabulary

hygienic— Keeping everything clean so we can all be healthy.



ingredients—The food we need to make something to eat.

measure— we get exactly the right amount of food for our recipe by using scales or measuring cups or measuring spoons.







recipe — the instructions we follow when we are